

New Student Parent Night 2018-2019

A photograph of Whitney High School, a modern building with a mix of orange, yellow, and grey panels. The building has large windows and a prominent entrance area. An American flag is visible on a pole in front of the building.

A copy of this presentation can be found on our website:

<http://whs.rocklinusd.org/Counseling/Newsletters--PowerPoints/index.html>





Meet Your School Counselors



Mr. Blate
A-D



Mrs. Casler
E-K



Mrs. LeRoy
L-Q



Mr. Floyd
R-Z



School Counselor Roles

ASCA National Model

SC Domains

ASCA National Standards

Academic

Personal-social

Career



School Counselor Availability

School Counselors
are available on a
walk-in basis...

Before School

Break

Lunch

After School

Students can also
schedule School
Counselor
appointments with
Mrs. Teames in the
Counseling Office

School Counselor
appointments can
be made on our
website:

<http://whs.rocklinusd.org/Counseling/>

[index.html](http://whs.rocklinusd.org/Counseling/index.html)

Transition to Whitney High School

The expectations are higher:

- Whitney High School course material is rigorous and students have to work hard.
- If students have low test scores, do not pass Essential Skills, and/or do not complete their homework they may earn a NM/NC (NC is the final grade = receives no credit).
- If your student does not have class work (assignments, studying, reading, etc.) for a few days...*SOMETHING MAY BE WRONG.*
- Students are encouraged to take more initiative and more responsibility by prioritizing their commitments and asking for help.



W Ways to help your student succeed

- Establish a routine at home and hold your student accountable.
- Make sure that your student is prepared for any quizzes and tests.
- If your student does not have any specific assignments, have them review their notes, keep up with reading, work on long-term projects, or study.
- Require your student to use their daily planner
- Ask your student to show you the planner daily.
- Monitor computer use. Move the computer out of the bedroom and into the family room.
- Encourage your student to become involved in extracurricular and volunteer activities.





More ways....

- Attend and support your student's activities. *They really want you there cheering them on.*
- Reinforce family values so that your student knows what is expected when they have to make choices.
- Verify parent/adult presence and supervision at any event your student is invited to attend.
- Consider behavior modification systems at home. It is recommended that teenagers earn their privileges (e.g., cell phones, computers, socializing, TV, car, etc.).
- Monitor how your student spends their time and make sure they get enough sleep, exercise and eat healthy, balanced meals. Maintaining balance is a key to success.





High School Graduation Requirements

Credits	Subject
---------	---------

40	English
30	Math - <i>including Integ Math I & II</i>
30	Science - <i>including Biology & Physical</i>
35	Social Science
10	World Language
30	PE - <i>including PE I</i>
10	VAPA
10	Tech
5	Health
50	Electives

Total Credits

250

25-hours of Community Service are required to Graduate



Getting Connected @ Whitney

Students are encouraged to join a club, sport, or volunteer





Information regarding clubs



Whitney High School

[HOME](#) [INFORMATION](#) [ACADEMICS](#) [ACTIVITIES](#) [ATT](#)

You Are Here: [Home](#) » [Activities](#) » [Clubs](#)

Clubs



Whitney High School has a diverse student body with a multitude of interests. Here is where you may find these interests and where you could fit in on campus!

Information on clubs can be found on our school website!

<http://whs.rocklinusd.org/Activities/Clubs/index.html>

MENU

- [Activities](#)
- [Leadership](#)
- [Executive Board](#)
- [Dances](#)
- [Seniors](#)
- [Files](#)
- [Clubs](#)**
- [Student Store](#)
- [Spirit Groups](#)



Eligibility @ Whitney High School

2.0 GPA

No more than 2 NM





Important Resources

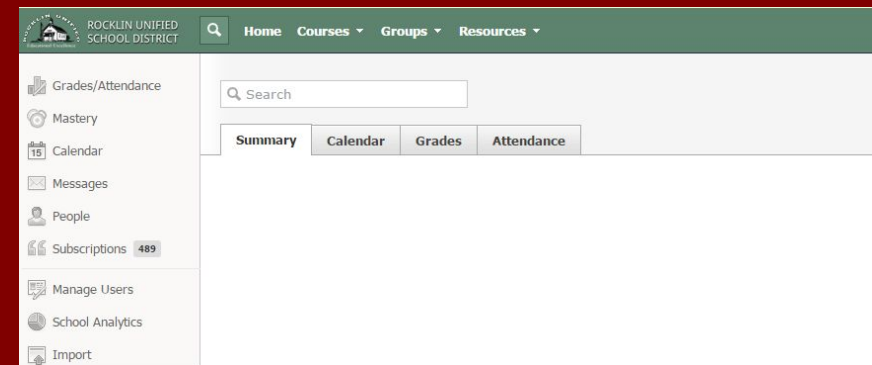


AERIES Parent Portal:

<https://parent.rocklinusd.org/parent/LoginParent.aspx?page=default.aspx>

Schoology:

<https://schoology.rocklinusd.org/home/recent-activity#>



Naviance:

<http://whs.rocklinusd.org/Counseling/Naviance/index.html>

Naviance



NAVIANCE Family Connection

Naviance is a college and career readiness platform that helps connect academic achievement to post-secondary goals.

The comprehensive college and career readiness solution empowers students and families to connect learning and life and provides schools and districts with the information they need to help students prepare for life after high school. It also allows students to create a plan for their futures by helping them discover their individual strengths and learning styles and explore college and career options based on their results.

While the vast majority of students today aspire to go on to college, few know what it takes to optimize their potential and reach their goals. The Naviance College and Career Readiness Curriculum is a blended learning solution for students in grades 6-12 that helps them develop critical non-cognitive skills and college knowledge, and instills confidence so that they'll persevere to reach their long-term college and career goals.



College & Career Center



- College Resources
- College & Career Website
- Scholarships
- Admissions Tests
- Community Service
- CTE



Mrs. Randazzo
College & Career Tech



Personal/Social Counseling

<http://whs.rocklinusd.org/Counseling/PersonalSocial-Counseling/index.html>

Personal/Social Counseling

Counseling Department

The WHS School counselors are available for parent conferences and referral resources as needed or upon request. Crisis intervention counseling, drug and alcohol abuse prevention information, education, and referrals are always available. Students in need of assistance should make an appointment with their counselor.

National Suicide Prevention Lifeline

800-273-TALK (8255)

National Teen Dating Abuse Helpline

866-331-9474

National Runaway Safeline

800-RUNAWAY (786-2929)

National Teenline

800-TLC-TEEN (852-8336)

How You Can Practice Self-Care

When life gets stressful and overwhelming, it's important to give your mind and body the breaks that they need! Here are

MENU

Counseling

Academic Counseling

- **Personal/Social Counseling**

Peer Counseling

Crisis Resolution Center

Full Circle Treatment Center Informat.

National Alliance on Mental Health

Parenting the Love and Logic Way

Passport to Student Wellness

Placer County Network of Care

Runaway Safeline

Stop Bullying

Suicide Prevention Hotline

Suicide Prevention Placer County



FAQ #1: How is my student doing?

1. AERIES *Report Cards*

Grades are posted on *AERIES Parent Portal*
(Progress, Quarter & Semester Grades)

Dates for Grade Reports are in the Student Handbook that can be located online:

<http://whs.rocklinusd.org/Info/School-HandbookPlanner/index.html>

2. Schoology

Continuous progress that also includes
assignments, grades, class notes, etc.

3. Contact the Teacher

If you have a question about a class, contact the
teacher: <http://whs.rocklinusd.org/Staff-Directory/index.html>

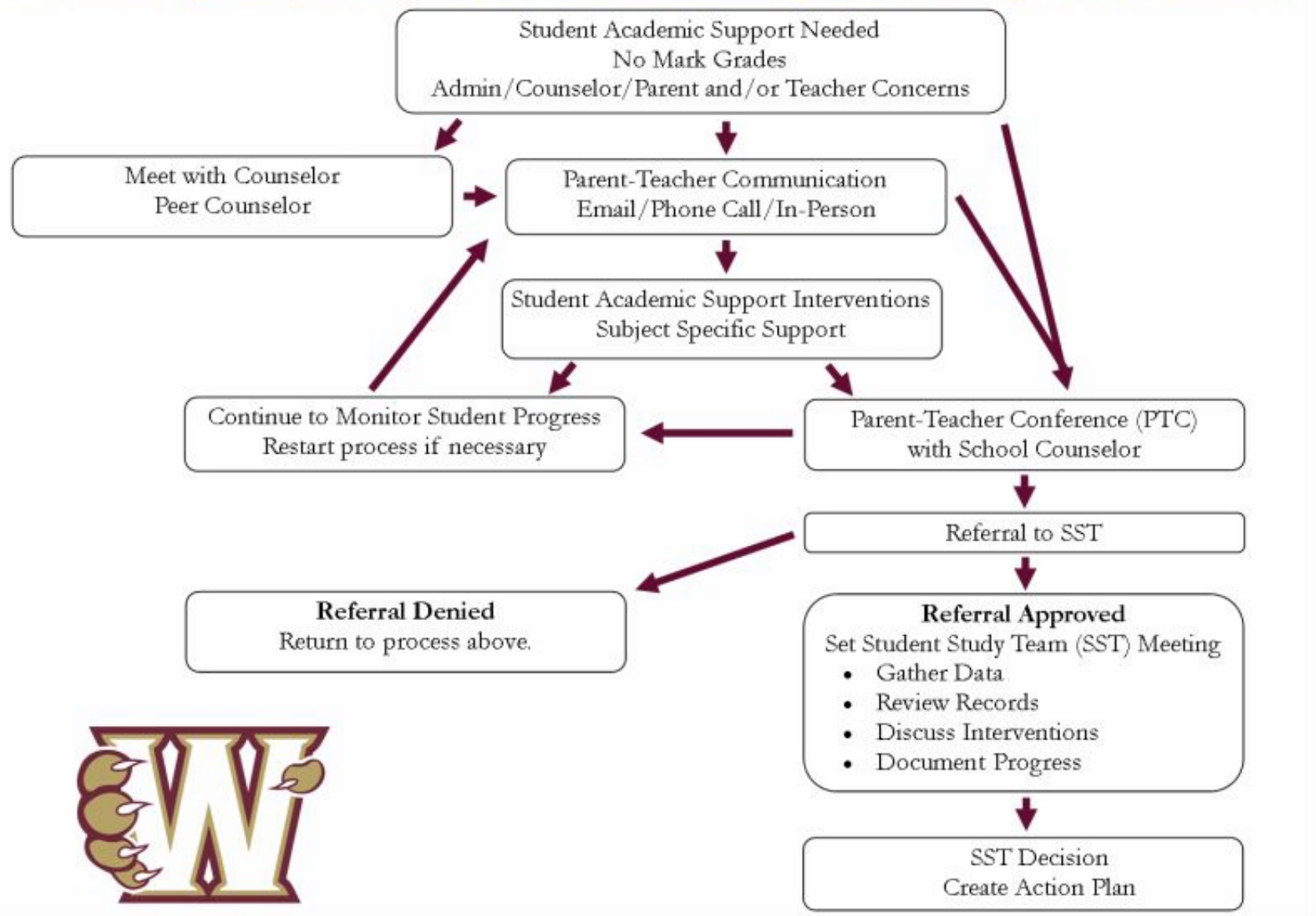


FAQ #2: What if my student is doing poorly in class?

- Talk to your student (*examples may include: study habits, motivation, balance, hunger, sleep, etc.*)
- If additional academic help is needed, encourage your student to utilize Whitney High School's Academic Support Resources:
 - *Intervention Period (Tuesday - Friday 12:19-12:44, 25-minutes)*
 - *Homework Club (After school in the library 2:45-4:30)*
 - *Teacher Office Hours (Email the teacher)*
- Contact the teacher directly (email)
- If problems persist and/or personal social problems exist, contact the counselor and utilize personal and social resources



Whitney High School Counseling Meeting Flowchart





FAQ #3: How can I stay informed?

❑ Attend Parent Nights

- ❑ Senior Parent Night: Monday, September 17, 6:30 PM in the Theater
- ❑ Fall Parent Night: Monday, November 5, 6:30 PM in the Theater
- ❑ Showcase Night: Monday, February 4, 6:30 PM
- ❑ Spring Parent Night: Monday, April 8, 6:30 PM in the Theater

❑ Check the Whitney High School Website

❑ Check Schoology regularly and AERIES

❑ Stay in contact with your student's teachers

Questions?

